



7 Moum

Gyldig: 23.06.2025 - 17.08.2025

Mandag - fredag Ukedager														
Ambjørnrød nord	05:00	05:30	06:00	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30
Pettersand Pettersandåsen	05:07	05:37	06:07	06:37	07:07	07:37	08:07	08:37	09:07	09:37	10:07	10:37	11:07	11:37
Christianslund	05:11	05:41	06:11	06:41	07:11	07:41	08:11	08:41	09:11	09:41	10:11	10:41	11:11	11:41
Hennriette Frukt	05:13	05:43	06:13	06:43	07:13	07:43	08:13	08:43	09:13	09:43	10:13	10:43	11:13	11:43
Glemmen kirke	05:15	05:45	06:15	06:45	07:15	07:45	08:15	08:45	09:15	09:45	10:15	10:45	11:15	11:45
Fredrikstad bussterminal	05:17	05:47	06:17	06:47	07:17	07:47	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47
Brohodet øst	05:22	05:52	06:22	06:52	07:22	07:52	08:22	08:52	09:22	09:52	10:22	10:52	11:22	11:52
Sellebakk/Begbyveien	05:28	05:58	06:28	06:58	07:28	07:58	08:28	08:58	09:28	09:58	10:28	10:58	11:28	11:58
Sarpsborgveien Moum	05:34	06:04	06:34	07:04	07:34	08:04	08:34	09:04	09:34	10:04	10:34	11:04	11:34	12:04



7 Moum

Gyldig: 23.06.2025 - 17.08.2025

Mandag - fredag Ukedager														
Ambjørnrød nord	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30
Pettersand Pettersandåsen	12:07	12:37	13:07	13:37	14:07	14:37	15:07	15:37	16:07	16:37	17:07	17:37	18:07	18:37
Christianslund	12:11	12:41	13:11	13:41	14:11	14:41	15:11	15:41	16:11	16:41	17:11	17:41	18:11	18:41
Hennriette Frukt	12:13	12:43	13:13	13:43	14:13	14:43	15:13	15:43	16:13	16:43	17:13	17:43	18:13	18:43
Glemmen kirke	12:15	12:45	13:15	13:45	14:15	14:45	15:15	15:45	16:15	16:45	17:15	17:45	18:15	18:45
Fredrikstad bussterminal	12:17	12:47	13:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47
Brohodet øst	12:22	12:52	13:22	13:52	14:22	14:52	15:22	15:52	16:22	16:52	17:22	17:52	18:22	18:52
Sellebakk/Begbyveien	12:28	12:58	13:28	13:58	14:28	14:58	15:28	15:58	16:28	16:58	17:28	17:58	18:28	18:58
Sarpsborgveien Moum	12:34	13:04	13:34	14:04	14:34	15:04	15:34	16:04	16:34	17:04	17:34	18:04	18:34	19:04



7 Moum

Gyldig: 23.06.2025 - 17.08.2025

Mandag - fredag Ukedager														
														
Ambjørnrød nord	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30						
Pettersand Pettersandåsen	19:07	19:37	20:07	20:37	21:07	21:37	22:07	22:37						
Christianslund	19:11	19:41	20:11	20:41	21:11	21:41	22:11	22:41						
Hennriette Frukt	19:13	19:43	20:13	20:43	21:13	21:43	22:13	22:43						
Glemmen kirke	19:15	19:45	20:15	20:45	21:15	21:45	22:15	22:45						
Fredrikstad bussterminal	19:17	19:47	20:17	20:47	21:17	21:47	22:17	22:47						
Brohodet øst	19:22	19:52	20:22	20:52	21:22	21:52	22:22	22:52						
Sellebakk/Begbyveien	19:28	19:58	20:28	20:58	21:28	21:58	22:28	22:58						
Sarpsborgveien Moum	19:34	20:04	20:34	21:04	21:34	22:04	22:34	23:04						



7 Moum

Gyldig: 23.06.2025 - 17.08.2025

Lørdag Ukedager														
Ambjørnrød nord	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30
Pettersand Pettersandåsen	08:07	08:37	09:07	09:37	10:07	10:37	11:07	11:37	12:07	12:37	13:07	13:37	14:07	14:37
Christianslund	08:11	08:41	09:11	09:41	10:11	10:41	11:11	11:41	12:11	12:41	13:11	13:41	14:11	14:41
Hennriette Frukt	08:13	08:43	09:13	09:43	10:13	10:43	11:13	11:43	12:13	12:43	13:13	13:43	14:13	14:43
Glemmen kirke	08:15	08:45	09:15	09:45	10:15	10:45	11:15	11:45	12:15	12:45	13:15	13:45	14:15	14:45
Fredrikstad bussterminal	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47	13:17	13:47	14:17	14:47
Brohodet øst	08:22	08:52	09:22	09:52	10:22	10:52	11:22	11:52	12:22	12:52	13:22	13:52	14:22	14:52
Sellebakk/Begbyveien	08:28	08:58	09:28	09:58	10:28	10:58	11:28	11:58	12:28	12:58	13:28	13:58	14:28	14:58
Sarpsborgveien Moum	08:34	09:04	09:34	10:04	10:34	11:04	11:34	12:04	12:34	13:04	13:34	14:04	14:34	15:04



7 Moum

Gyldig: 23.06.2025 - 17.08.2025

Lørdag															
Ukedager															
Ambjørnrød nord	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	
Pettersand Pettersandåsen	15:07	15:37	16:07	16:37	17:07	17:37	18:07	18:37	19:07	19:37	20:07	20:37	21:07	21:37	
Christianslund	15:11	15:41	16:11	16:41	17:11	17:41	18:11	18:41	19:11	19:41	20:11	20:41	21:11	21:41	
Hennriette Frukt	15:13	15:43	16:13	16:43	17:13	17:43	18:13	18:43	19:13	19:43	20:13	20:43	21:13	21:43	
Glemmen kirke	15:15	15:45	16:15	16:45	17:15	17:45	18:15	18:45	19:15	19:45	20:15	20:45	21:15	21:45	
Fredrikstad bussterminal	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47	19:17	19:47	20:17	20:47	21:17	21:47	
Brohodet øst	15:22	15:52	16:22	16:52	17:22	17:52	18:22	18:52	19:22	19:52	20:22	20:52	21:22	21:52	
Sellebakk/Begbyveien	15:28	15:58	16:28	16:58	17:28	17:58	18:28	18:58	19:28	19:58	20:28	20:58	21:28	21:58	
Sarpsborgveien Moum	15:34	16:04	16:34	17:04	17:34	18:04	18:34	19:04	19:34	20:04	20:34	21:04	21:34	22:04	



7 Moum

Gyldig: 23.06.2025 - 17.08.2025

[illegible]



7 Moum

Gyldig: 23.06.2025 - 17.08.2025

Søndag															
Ukedager															
Ambjørnrød nord	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	
Petterssand Petterssandåsen	14:07	14:37	15:07	15:37	16:07	16:37	17:07	17:37	18:07	18:37	19:07	19:37	20:07	20:37	
Christianslund	14:11	14:41	15:11	15:41	16:11	16:41	17:11	17:41	18:11	18:41	19:11	19:41	20:11	20:41	
Hennriette Frukt	14:13	14:43	15:13	15:43	16:13	16:43	17:13	17:43	18:13	18:43	19:13	19:43	20:13	20:43	
Glemmen kirke	14:15	14:45	15:15	15:45	16:15	16:45	17:15	17:45	18:15	18:45	19:15	19:45	20:15	20:45	
Fredrikstad bussterminal	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47	19:17	19:47	20:17	20:47	
Brohodet øst	14:22	14:52	15:22	15:52	16:22	16:52	17:22	17:52	18:22	18:52	19:22	19:52	20:22	20:52	
Sellebakk/Begbyveien	14:28	14:58	15:28	15:58	16:28	16:58	17:28	17:58	18:28	18:58	19:28	19:58	20:28	20:58	
Sarpsborgveien Moum	14:34	15:04	15:34	16:04	16:34	17:04	17:34	18:04	18:34	19:04	19:34	20:04	20:34	21:04	



7 Moum

Gyldig: 23.06.2025 - 17.08.2025

[illegible]



7 Ambjørnrød

Gyldig: 23.06.2025 - 17.08.2025

Mandag - fredag Ukedager														
Sarpsborgveien Moum	05:40	06:10	06:40	07:10	07:40	08:10	08:40	09:10	09:40	10:10	10:40	11:10	11:40	12:10
Sellebakk/Begbyveien	05:47	06:17	06:47	07:17	07:47	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17
Brohodet øst	05:54	06:24	06:54	07:24	07:54	08:24	08:54	09:24	09:54	10:24	10:54	11:24	11:54	12:24
Fredrikstad bussterminal	05:59	06:29	06:59	07:29	07:59	08:29	08:59	09:29	09:59	10:29	10:59	11:29	11:59	12:29
Hennriette Frukt	06:02	06:32	07:02	07:32	08:02	08:32	09:02	09:32	10:02	10:32	11:02	11:32	12:02	12:32
Christianslund	06:04	06:34	07:04	07:34	08:04	08:34	09:04	09:34	10:04	10:34	11:04	11:34	12:04	12:34
Pettersand Pettersandåsen	06:12	06:42	07:12	07:42	08:12	08:42	09:12	09:42	10:12	10:42	11:12	11:42	12:12	12:42
Ambjørnrød skole	06:17	06:47	07:17	07:47	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47
Ambjørnrød nord	06:19	06:49	07:19	07:49	08:19	08:49	09:19	09:49	10:19	10:49	11:19	11:49	12:19	12:49



7 Ambjørnrød

Gyldig: 23.06.2025 - 17.08.2025

Mandag - fredag Ukedager														
Sarpsborgveien Moum	12:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10	17:40	18:10	18:40	19:10
Sellebakk/Begbyveien	12:47	13:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47	19:17
Brohodet øst	12:54	13:24	13:54	14:24	14:54	15:24	15:54	16:24	16:54	17:24	17:54	18:24	18:54	19:24
Fredrikstad bussterminal	12:59	13:29	13:59	14:29	14:59	15:29	15:59	16:29	16:59	17:29	17:59	18:29	18:59	19:29
Hennriette Frukt	13:02	13:32	14:02	14:32	15:02	15:32	16:02	16:32	17:02	17:32	18:02	18:32	19:02	19:32
Christianslund	13:04	13:34	14:04	14:34	15:04	15:34	16:04	16:34	17:04	17:34	18:04	18:34	19:04	19:34
Pettersand Pettersandåsen	13:12	13:42	14:12	14:42	15:12	15:42	16:12	16:42	17:12	17:42	18:12	18:42	19:12	19:42
Ambjørnrød skole	13:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47	19:17	19:47
Ambjørnrød nord	13:19	13:49	14:19	14:49	15:19	15:49	16:19	16:49	17:19	17:49	18:19	18:49	19:19	19:49



7 Ambjørnrød

Gyldig: 23.06.2025 - 17.08.2025

Mandag - fredag Ukedager														
Sarpsborgveien Moum	19:40	20:10	20:40	21:10	21:40	22:10	22:40	23:10						
Sellebakk/Begbyveien	19:47	20:17	20:47	21:17	21:47	22:17	22:47	23:17						
Brohodet øst	19:54	20:24	20:54	21:24	21:54	22:24	22:54	23:24						
Fredrikstad bussterminal	19:59	20:29	20:59	21:29	21:59	22:29	22:59	23:29						
Hennriette Frukt	20:02	20:32	21:02	21:32	22:02	22:32	23:02	23:32						
Christianslund	20:04	20:34	21:04	21:34	22:04	22:34	23:04	23:34						
Pettersand Pettersandåsen	20:12	20:42	21:12	21:42	22:12	22:42	23:12	23:42						
Ambjørnrød skole	20:17	20:47	21:17	21:47	22:17	22:47	23:17	23:47						
Ambjørnrød nord	20:19	20:49	21:19	21:49	22:19	22:49	23:19	23:49						



7 Ambjørnrød

Gyldig: 23.06.2025 - 17.08.2025

Lørdag Ukedager														
Sarpsborgveien Moum	07:40	08:10	08:40	09:10	09:40	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:10
Sellebakk/Begbyveien	07:47	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47	13:17	13:47	14:17
Brohodet øst	07:54	08:24	08:54	09:24	09:54	10:24	10:54	11:24	11:54	12:24	12:54	13:24	13:54	14:24
Fredrikstad bussterminal	07:59	08:29	08:59	09:29	09:59	10:29	10:59	11:29	11:59	12:29	12:59	13:29	13:59	14:29
Hennriette Frukt	08:02	08:32	09:02	09:32	10:02	10:32	11:02	11:32	12:02	12:32	13:02	13:32	14:02	14:32
Christianslund	08:04	08:34	09:04	09:34	10:04	10:34	11:04	11:34	12:04	12:34	13:04	13:34	14:04	14:34
Pettersand Pettersandåsen	08:12	08:42	09:12	09:42	10:12	10:42	11:12	11:42	12:12	12:42	13:12	13:42	14:12	14:42
Ambjørnrød skole	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47	13:17	13:47	14:17	14:47
Ambjørnrød nord	08:19	08:49	09:19	09:49	10:19	10:49	11:19	11:49	12:19	12:49	13:19	13:49	14:19	14:49

